



Col. Sec. N° 5027 “GRAL. JOSÉ DE SAN MARTÍN”

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Anexo: Avda. Independencia y Lanceros S/N – Tel. 4960618

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COL. SEC. N° 5027

“GRAL. JOSÉ DE SAN MARTÍN”



CARTILLA DE INGLÉS 3° AÑO C.O.

STUDENT'S NAME:

TEACHER'S NAME:

TURNO:

PERÍODO LECTIVO 2026



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PROGRAMA 2026

ESPACIO CURRICULAR: Lengua Extranjera – Inglés

ORIENTACIÓN: Informática TM - Ciencias Sociales y Humanidades TT y TV

PROFESORAS: Ampuero Griselda, Alicia Escalante, Cintia Morón, y Noelia Vega,

CURSO: 3°

DIVISIÓN: Todas

NIVEL: Orientado

TURNO: Mañana, Tarde y Vespertino

EJE TEMÁTICO	CONTENIDOS
EJE TEMÁTICO I “My kind of day” “My weekend”	Grammar - Present simple. Affirmative and negative - Question form. Auxiliaries Do/Does. - Yes/No questions. Wh – questions - Adverbs of frequency. - Prepositions of place. Vocabulary - Daily activities. - Food.
EJE TEMÁTICO II “Winners”	Grammar Present Continuous. Affirmative and negative. Present Continuous. Questions and short answers Yes/No Vocabulary: - Sports. - Weather.
EJE TEMÁTICO III “Explore”	Grammar - Verb be: Past simple affirmative, negative, questions and short answers. - Verb be Past simple Wh – questions - There was / there were Vocabulary - Past time expressions: last night, yesterday, three days ago, last week, last year. - Music styles and Movies and TV shows. - Biographies.



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CRITERIOS DE ACREDITACIÓN:

- **Aprobar** la asignatura con nota superior a 6/(seis).}
- **Presentar** trabajos prácticos propuestos en tiempo y forma.
- **Presentar** carpeta y cartilla completa.
- **Asistencia y puntualidad.**
- **Participación** activa en clases y demás eventos establecidos por la institución.
- **Comprensión lectora** de diferentes géneros textuales: textos informativos, narrativos, instruccionales o argumentativos.
- **Producción de textos** breves de relatos, diálogos, descripciones, noticias incorporando diversidad de recursos gráficos y tecnológicos.

BIBLIOGRAFÍA, PARA EL/LA ESTUDIANTE:

- Metro, Level 1. Student's Book and Workbook. Oxford University Press. Units 5,6,7,8.
- Metro, Level Starter. Student's Book and Workbook. Oxford University Press. Units 1.2.

5

My week



Metro VIDEO

A  **Video**  **84** Watch or listen to Part 1 of the video. What day is it? _____

B Watch or listen to Part 1 again. Choose the correct answers.

- | | |
|---|---|
| 0 Ethan gets up at <u>10:30</u> / 11:30. | 3 In the afternoons, Ethan doesn't help / helps his mom and dad. |
| 1 In the mornings / afternoons, Ethan plays games. | 4 His family has dinner at 6:30 / 7:30. |
| 2 His family has lunch at 12:30 / 1:30 . | 5 Ethan watches TV / plays games after dinner. |

C Watch or listen to Part 1 again. Can you guess what time Ethan goes to bed?



Daily routines

- 1 85 Label the pictures with the activities 0-9. Listen, check, and repeat.

do my homework get up go home
go to bed go to school have breakfast
have classes have dinner
have lunch take a shower

A 6:45
0 get up
B
1
C
2
D
3
E
4
F
5
G
6
H
7
I
8
J
9

- 2 86 Listen to the conversation and write the times A-J.

Your turn

- 3 Make a list of your daily routine on Mondays and Sundays.

Mondays		Sundays	
6:45	get up	9:00	get up
6:50	take a shower	9:30	have breakfast
7:10	have breakfast	10:00	go to soccer practice
7:40	go to school	11:30	meet friends in the park

- 4 Write four sentences about your daily routine on Mondays and four sentences about your daily routine on Sundays. Don't say which day it is.

1 I get up at nine o'clock.

- 5 In pairs, read your sentences. Can your partner guess which day it is?

I get up at nine o'clock.

Yes, it is.

That's on Sundays!

Stop

I get up at 6:45 on Mondays.

I have breakfast at 9:30 on weekends.

- 6 In pairs, compare your routines.

I get up at 6:30 on Mondays.

Yes, me too. I have breakfast at seven o'clock.

Video

- D 87 Watch or listen to Part 2 of the video. Complete the sentence.

Ethan goes to bed at _____.

- E Complete the sentences.

Watch or listen to Part 2 again and check.

go to bed listen to music play games read

Ethan In the evenings, I ⁰ read my book. I don't ¹ _____ or ² _____. Then ³ _____.

An advertisement

- 1 88 Read and listen to the advert. What is Cristina's favorite thing about School of Rock?

School of Rock

Don't just listen to music at home – make your own music at SoR!

What is School of Rock?



SoR is a place to make music, sing, learn songs, and have FUN on summer vacation.

What's the daily routine?

We get up at 9 o'clock. We have breakfast at 9:30 and for the rest of the day, we play music with our bandmates. We don't have classes but there are professional musicians at SoR – they help us with our songs.

We have dinner at 7:30, and in the evenings, we play computer games or talk. We go to bed at about 11 o'clock.

Each course is one week, so we don't go home every day. We stay at SoR!

Why go to SoR?

You can learn to play all the songs you love. At the end of the course, there's a "Battle of the Bands" competition! That's my favorite thing about SoR!

What do you like about SoR?

I already play the guitar, but SoR teaches me how to play as part of a band. SoR is totally awesome! I love it!



This is me! Cristina, 13, Houston TX

- 2 Read again. Complete the School of Rock schedule.

9:00	get up
9:30	1 _____
all day	2 _____
7:30	3 _____
evening	4 _____
11:00	5 _____

- 3 Read again. Choose the correct answers.

- At SoR, students practice with their teacher / band.
- There are / There aren't classes at School of Rock.
- School of Rock is for professional musicians / music students.
- School of Rock courses are for three / seven days.
- Cristina's favorite thing about School of Rock is the competition / playing the guitar.
- At School of Rock, Cristina learns how to play an instrument / in a band.

- 4 Your turn In pairs, discuss the questions.

- Which instrument(s) can you play? Do you like it / them?
- Are there any after-school or vacation activities in your area? What are they? Do you like any of them?



Simple present (I, you, we, they)

- 1 89 Read the Grammar in context. Choose the correct answer. Listen and check.

Grammar in context



Present and Practice

I'm a ¹music student/
professional musician and I work at
School of Rock with 10 other musicians.
We love it! The kids can already play
their instruments, so they **don't need**
music lessons. Their dream is to be in a band, so they
ask interesting questions and they listen to the
answers. We **don't get** bored at SoR – every day
is new and exciting.



Grammar notes p.145

- 2 Complete the chart with verbs from the Grammar in context.

Affirmative	Negative
I ⁰ <u>work</u> at School of Rock.	I don't listen to rock music.
You <u>play</u> the guitar.	You don't play the guitar.
We ¹ <u> </u> it.	We ³ <u> </u> bored.
You <u>sing</u> in a band.	You don't sing in a band.
They ² <u> </u> interesting questions.	They ⁴ <u> </u> music lessons.

- 3 Complete the sentences with the affirmative or negative form of the verbs.



We ⁰ **don't play** tennis at school. We ¹ soccer. (play)



I ² English. I ³ Italian. (speak)



They ⁴ dinner at 5:00. They ⁵ dinner at 7:00. (cook)



They ⁶ sunglasses. They ⁷ bracelets. (sell)



We ⁸ at the pool. We ⁹ in the ocean. (swim)



I ¹⁰ movies in the morning. I ¹¹ them in the evening. (watch)

- 4 90 Listen and check.

- 5 Complete Cristina's sentences about her Fridays. Use the affirmative or negative form of the verbs.

Cristina's blog



My Week

Posted on March 3

get up go ~~not walk~~

My sister and I ⁰ get up at 6:40 on Fridays. We ⁰ **don't walk** to school. We ¹ to school in Mom's car.

not like not stay run

I have math and P.E. classes in the morning. I ² math, but P.E. is fun. We ³ in the park next to the school. There aren't classes on Friday afternoons, so we ⁴ at school.

go not buy not go

We ⁵ to a coffee shop and we look in the stores, but we ⁶ things. My favorite TV show is at 4:45, so I ⁷ home late.

- 6 Your turn In your notebook, write five true or false sentences about you. In pairs, guess your partner's false sentences.

I get up at five o'clock.

That's false! You don't get up at five o'clock!

Chores

- 1 91 Label the pictures with the chores. Listen, check, and repeat.

clean my room clear the table dry the dishes
 help with cooking make my bed
~~put away my clothes~~ take out the trash
 wash the dishes



0 put away my clothes



1 _____



2 _____



3 _____



4 _____



5 _____



6 _____



7 _____

- 2 Correct the highlighted words in the sentences.

- 0 We **make** our room at the weekend. clean
- 1 You **put away** the trash in the morning. _____
- 2 My parents cook, but I don't **clean** with cooking. _____
- 3 We **clear** our beds in the morning. _____
- 4 I **take out** my clothes in my bedroom. _____
- 5 After dinner, they **dry** the table. _____

Stop

in the morning(s) / afternoon(s) / evening(s)
at lunchtime / dinnertime / night
every morning / afternoon / evening / night / lunchtime / dinnertime

Your turn

- 3 Order the chores from 1 (= you like) to 8 (= you don't like).
 1 make my bed 2 help with cooking
- 4 In pairs, compare your lists.

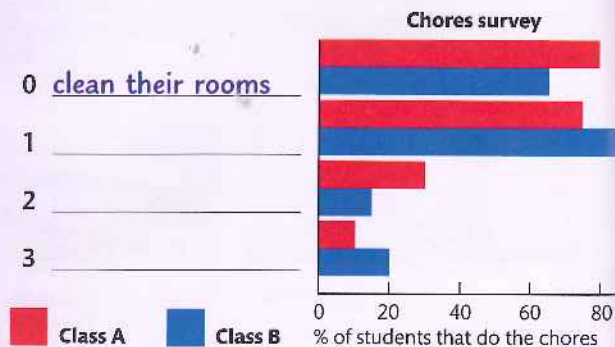
Listening Skills

- LO Listen to a report about chores

Chores survey

- 1 92 Listen to the first part of a student's report about chores. Choose the correct answers.
 1 Class A spends 15/20/28 minutes every week on chores.
 2 Class B spends 15/20/28 minutes every week on chores.
- 2 93 Listen to the second part of the report. Complete the chart with the chores.

clean their rooms help with cooking
 make their beds wash the dishes



Your turn

- 3 Make a list of the chores you do at home. Add the time you spend on each chore.
- 4 In pairs, compare your lists.



Simple present (he, she, it)

- 1 94 Read and listen to the Grammar in context. Who is the correct boy?

Grammar in context

Present and Practice

He **makes** his bed, but he **doesn't clean** his room.
He **helps** with cooking, but he **doesn't wash** the dishes.
Who is he?

Jude ☐Albie ☐

Grammar notes p.146

- 2 Complete the chart with verbs from the Grammar in context.

Affirmative	Negative
Most verbs: add -s	
He/She/It ⁰ <u>helps</u> with cooking.	He/She/It doesn't help with cooking.
He/She/It ¹ _____ the bed.	He/She/It doesn't make the bed.
He/She/It cleans the room.	He/She/It ² _____ the room.
Verbs ending -o, -x, -sh, and -ch: add -es	
He/She/It goes to bed late.	He/She/It doesn't go to bed late.
He/She/It washes the dishes.	He/She/It ³ _____ the dishes.
Verbs ending consonant + -y: change -y to -i and add -es	
He/She/It studies music.	He/She/It doesn't study music.



Stop

She ~~haves~~ has a new book.

- 3 Choose the correct words.

- 0 Blake doesn't wash / don't wash the dishes.
His parents has / have a dishwasher.
1 Sadie buy / buys cool clothes.
I likes / like her new sneakers.
2 Katelyn watch / watches movies on her tablet.
Her parents **don't have** / **doesn't have** a TV.
3 Ed **doesn't take out** / **don't take out** the trash.
His mom **take out** / **takes out** the trash.
4 This insect eats / eat fruit and it **doesn't like** / **don't like** cold weather.
5 Maya **don't go** / **doesn't go** home at lunchtime.
She go / goes home at 2:30.

- 4 95 Listen and check.

- 5 Complete the text. Use the affirmative form of the verbs.

dance go help play sing speak

This is Livia. She's in a band. She ⁰ sings in Portuguese and in English. She ¹ _____ guitar and she also ² _____! She ³ _____ to my school and she ⁴ _____ Portuguese, English, and Spanish. She ⁵ _____ me with my Spanish homework.

- 6 Complete the sentences. Use the correct affirmative or negative form of the verbs.

- 0 (like) Jon doesn't like art.
Sara likes art, but she doesn't like history.
1 (go) Sara _____ to school by bike.
Jon _____ to school by bike.
He _____ by car with his dad.
2 (help/wash) Sara _____ with cooking, but she _____ the dishes.
3 (wash/help) Jon _____ the dishes, but he _____ with cooking.

- 7 Your turn In your notebook, write four sentences about a friend. Use the verbs below or your own ideas.

go have help play speak

Listening Skills

LO Listen and use time references to understand a conversation

Here's my day

- 1 **96** Listen to Carter talk about his daily routine. Choose the correct answer.

His classes are ...

- a only in the morning.
- b in the morning and afternoon.
- c only in the afternoon.



Active Listeners

Using time references

Active listeners use time references (for example, times of the day or days of the week) to help them follow what a person says.

- 2 Read the tip. Then look at exercise 3. Choose the correct answer.

In exercise 3, I listen for times of the day / days of the week.

- 3 **96** Look at the chart. Listen and match the times with Carter's routines. Then listen again and check.

6:30	<u>f</u>	a have classes
7:00	_____	b go home
7:45	_____	c go to bed
8:00	_____	d go to school
2:30	_____	e have breakfast
5:30	_____	f get up
9:30	_____	g have dinner

- 4 **96** Listen again. What does Carter say? Choose T (true) or F (false).

0 "I make my bed."	T ☒	F ☐
1 "I have breakfast with my family."	T ☐	F ☐
2 "I do my homework at school."	T ☐	F ☐
3 "I clear the table."	T ☐	F ☐
4 "I help with cooking."	T ☐	F ☐

- 5 **Your turn** Are the sentences in exercise 4 true or false for you? In pairs, compare answers.

Reading Skills

LO Read an article and understand the main ideas

An article



Active Readers

Identifying the main ideas

Active readers can identify the main ideas in a text, without understanding every detail.

- 1 **97** Read the tip. Then read and listen to the article. Choose the best summary of the main ideas.
- a Karl Weber and his family work for a circus. Karl and his brother are acrobats and his sister is a small clown.
 - b Karl Weber is an acrobat in a circus. When he isn't at the circus, he goes to school and he has a normal life.

- 2 Read again. Match Karl's routines 0-4 with the times a-e.

0 practice acrobatics	<u>b</u>	a after school
1 perform in shows	_____	b every mornings
2 go to school	_____	c evenings or weekends
3 do homework	_____	d afternoons
4 go shopping	_____	e weekends

- 3 Choose T (true) or F (false). Correct the false sentences.

0 Karl Weber is from Germany.

T ☒ F ☐

1 Karl's family lives in Chile.

T ☐ F ☐

2 Karl and Stefan do somersaults.

T ☐ F ☐

3 Karl's sister is an acrobat.

T ☐ F ☐

4 Karl likes movies.

T ☐ F ☐

5 Teenagers like watching Karl do acrobatics.

T ☐ F ☐

- 4 **Your turn** In pairs, discuss the questions.

- 1 Imagine your family moves to a different country. What is different or hard? What is fun?
- 2 Why does Karl practice gymnastic moves every morning?
- 3 Imagine you are in a circus. What is your routine?



Circus Magnifico

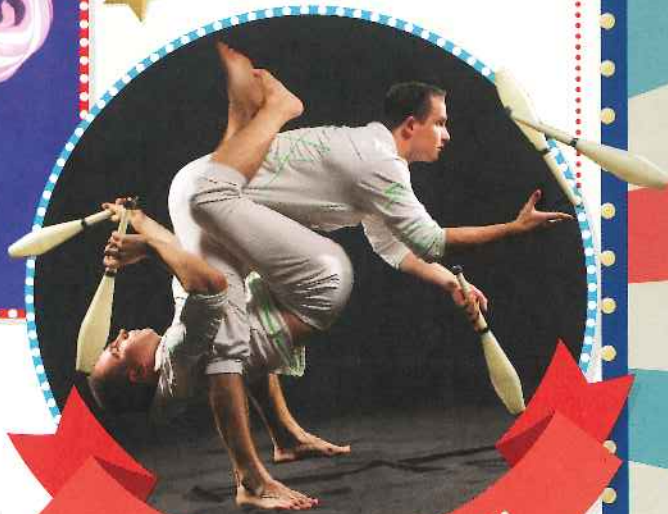


Life in the Circus

Karl Weber is a German teenager, but he doesn't go to school like other German boys. In fact, Karl doesn't live in Germany. He and his family live in many different countries. Now, they live in Russia. They work for Circus Magnifico, and they travel around the world with the circus. Karl and his twin brother Stefan are acrobats. They walk on a high wire, and do somersaults and many other gymnastic moves. Karl's younger sister, Petra, and their parents are in the circus, too. Petra dresses up as a little clown!

What's Karl's routine? He practices gymnastics in the morning. In the evenings and on weekends, he performs in shows. Karl goes to school in the afternoon and he does his homework after school. He goes to the movies or he goes shopping on weekends, the same as other teenagers.

What does Karl like about the circus? It's when other teenagers watch him perform and they think, "Wow! I want to do cool things in my life, too!"



The Weber brothers perform gymnastics in a circus.



Petra Weber dresses up as a little clown.

Describe a typical day

1 98 Read and listen. Choose the correct answer.

Alicia describes her typical Saturday / Monday.



My typical day

Posted
May 4

I get up at 9:30 and I play my guitar or play computer games. **Then**, my dad gets up and we have breakfast. In the morning, I listen to music videos **while** I do my homework and put away my clothes. **Next**, we go to a pizza restaurant for lunch.

We love soccer! On Saturday afternoons, I play soccer in the park or I watch it on TV with my dad.

Then, I help my dad with cooking dinner. In the evening, I watch a movie with my friends.

2 98 Listen again.

Order the events 1–7 in Alicia's day.

- | | |
|-----------------------------|--|
| a ____ have pizza for lunch | d <u>1</u> play guitar or computer games |
| b ____ play or watch soccer | e ____ do homework |
| c ____ watch a movie | f ____ have dinner |
| | g ____ have breakfast |

3 99 Listen and repeat.



Active Speakers

Using *next*, *then*, and *while*

Active speakers use language that helps listeners to understand the order of events.

- We use *next* and *then* when an event happens after other events. They have the same meaning.
- While* means "at the same time as."

4 100 Read the tip. Then complete Alicia's sentences. Use *next*, *then*, or *while*. Listen, check, and repeat.

- I play computer games. Then, my dad gets up.
- I listen to music ____ I do my homework.
- ____, we go to a restaurant for lunch.
- ____, I help my dad with cooking dinner.



Global Skills

Planning your time

It is important to plan your time.

First, do your chores and homework: these are your priorities.

Then you can relax and have fun: this is your free time.

Sometimes you can "multitask": you can do a free-time activity while you do a chore or homework. For example, you can listen to music while you clean your room.

5 Read the Global Skills box. Then complete the chart. Check (✓) the priorities and free-time activities that you can multitask.

clean my room do my homework
listen to music make my bed
play a sport play computer games
spend time online take out the trash

Priorities	Free-time activities
clean my room ✓	

6 Make notes about a typical day for you.

- What day is it? (School day or weekend?)
- What are your daily routines?
- What are your priorities for the day?
- What free-time activities can you do?

7 Copy and complete the chart in exercise 5 with your notes from exercise 6. Then answer the questions.

- Which activities can you multitask?
- Can you connect any of your ideas using *next*, *then*, or *while*?

8 Write a short presentation about your typical day. Use the model below and the description in exercise 1.



9 Read your presentation to your group or class.



The Menna family

Buenos Aires, Argentina

Before you watch

1 In groups, answer the questions and share information.

- 1 What are your weekday routines?
- 2 What are your weekend routines?



While you watch

2 **Video** Read the tip. Then read the questions. Watch Part 1 of the video with no sound.

In pairs, discuss possible answers.

- 1 Are there four or five people in the Menna family? _____
- 2 Who takes the girls to school? _____
- 3 Is the school the same for both girls? _____

3 **Video** Watch Part 1 with the sound on. Check your answers to exercise 2.

4 **Video** Watch Parts 1 and 2 of the video. Are the sentences T (true) or F (false)?

- | | |
|--|--|
| 0 Gabriela's job is in a radio station. T ☒ F ☐ | 4 Gabriela drinks coffee on Saturday mornings. T ☐ F ☐ |
| 1 Milagros is seven years old. T ☐ F ☐ | 5 Roberto is good at cooking. T ☐ F ☐ |
| 2 The girls' classes start at 8:30 a.m. T ☐ F ☐ | 6 After breakfast, the children do homework. T ☐ F ☐ |
| 3 People in Argentina like <i>maté</i> . T ☐ F ☐ | 7 Julieta plays the guitar in the evening. T ☐ F ☐ |

5 **Video** Watch Part 2 again. Choose the correct answers.

- | | |
|--|---|
| 0 On Saturdays, the Menna family get up at 8:00 or 9:00 a.m. <u>9:00 or 10:00 a.m.</u> | 2 After breakfast, they play games / read books. |
| 1 Gabriela drinks coffee / tea for breakfast. | 3 In the afternoon, they go to the park / shopping. |
| | 4 In the evening, they play computer games / music. |



Active Viewers

Observation

Active viewers can understand a lot of details about a video just from what they see, without listening to the audio.

After you watch

6 Change the sentences in exercise 5 so they are true for you.

On Saturdays, we get up at 9:30.

7 In pairs, read your sentences.

On Saturdays, we get up at 9:30.

On Saturdays, we get up at 10:00!

6

Be good!



Metro VIDEO



International English

-  do exercise =  exercise (v)
 mum =  mom

A  **Video**  **101** Watch or listen to Part 1 of the video.
 Choose the correct answer.

Jack and Mo talk about three/four/five habits.

B Watch or listen to Part 1 again. Match the habits with the boys.
 Write *Jack* or *Mo*.

- | | | | |
|---------------------|-----------|------------------------|-------|
| 0 not eat fast food | <u>Mo</u> | 3 exercise | _____ |
| 1 play the keyboard | _____ | 4 watch TV all evening | _____ |
| 2 eat healthy food | _____ | | |

C Which habit in exercise B is a bad habit? _____

D Watch or listen to Part 1 again. Can you guess Jack's bad habit?



Good and bad habits

1 102 Label the pictures of good and bad habits. Listen, check, and repeat.

be be drink eat eat exercise
go go study watch



0 go to bed early



1 _____ to bed late



2 _____ TV all evening



3 _____ late



4 _____ on time



5 _____



6 _____ for tests



7 _____ healthy food



8 _____ sugary drinks



9 _____ fast food

Stop

Sugary drinks include fruit juice and soda (sweet drinks with bubbles).

2 Write the phrases in exercise 1 in the correct place in the chart.

Good habits

go to bed early

Bad habits

go to bed late

3 103 Listen to six short conversations. Choose the correct habits.

- The girls are late / are on time.
- James goes to bed early / is late for class.
- The girl doesn't eat fast food / eat healthy food.
- The boy doesn't exercise / do homework.
- Lauren watches TV all evening / studies for tests.
- The children go to bed early / go to bed late.

4 Your turn Can your partner guess your good and bad habits?

Video

E Video 104 Watch or listen to Part 2 of the video. What is Jack's bad habit?

F Complete the sentences. Watch or listen to Parts 1 and 2 again and check.

healthy food mom the evening
the keyboard tired

- Mo often watches TV in the evening.
- Mo's _____ tells Mo to go to bed.
- Jack plays _____ every day.
- Jack eats _____ every day.
- Jack feels _____.

A quiz

1 **105** Read and listen to the quiz. Then answer the quiz questions for you.

2 Compare your answers in pairs.

3 Read the statements. Which one is true for you?

- a I don't have any bad habits.
- b I have one or two bad habits. But I'm OK.
- c I have a lot of bad habits. Help!

4 Use the Key to find your score. Is it true for you?

5 Look at Mo's and Jack's answers to the quiz. Match the advice 1-4 with each person.

Mo	1 a	2 a	3 a	4 c
Jack	1 c	2 b	3 c	4 b

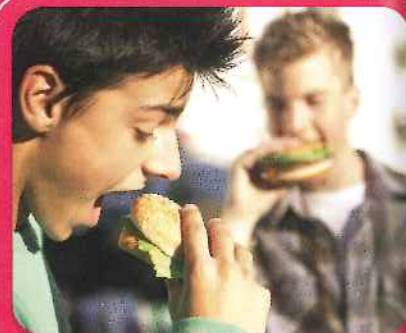
- 1 Get up ten minutes before your normal time. Jack
- 2 Drink water or milk. They're the healthy option! _____
- 3 Exercise is very important. _____
- 4 TV is good, but what about reading? _____

Do you have bad habits?



1 How often are you late for school?

- a Never. I always arrive early.
- b Sometimes. The traffic is terrible in the morning!
- c I'm always a few minutes late for school!



2 How often do you eat fast food?

- a Never. I don't like it!
- b Sometimes. I drink sugary drinks every day.
- c I often eat fast food. I love it!



3 How often do you exercise?

- a Every day. I love sports.
- b Sometimes, but I'm not a big fan of exercise.
- c Never! I go to the fridge for a soda – that's my exercise!



4 How often do you watch TV all evening?

- a I never watch TV all evening. It's boring!
- b Sometimes. On Fridays, maybe.
- c Often. I really like TV shows!

Key a = 3 b = 2 c = 1

- 4-6 Not good! Can you change your bad habits? How?
- 7-9 You have one or two bad habits. That's normal!
- 10-12 Wow! You're very good. What's your secret?



Adverbs of frequency

- 1 106 Read and listen to the Grammar in context. Answer the question for you.

Grammar in context

Present and Practice

How often do you study at home for tests?

- a I always study at home for tests. I often get 100%!
- b I sometimes study at home for hard subjects, like science. It's rarely fun, but I do it!
- c I'm usually a good student in class, but I never study at home for tests.

Grammar notes p.149

- 2 Look at the diagram below. Find and underline the adverbs of frequency in the Grammar in context.

Adverbs of frequency

0%

100%

never rarely sometimes often usually always

- 3 Look at the Grammar in context again. Choose the correct answers in the rules.

In affirmative and negative sentences, adverbs of frequency come:

- a before/after the verb *be*.
- b before/after other verbs.



Stop

Use adverbs of frequency to answer questions with *How often ... ?*.

How often do you go to bed late?

I sometimes go to bed late.

- 4 Choose the correct answers.

- 0 Marc sometimes is / is sometimes late for soccer practice.
- 1 I never have / have never breakfast at school.
- 2 My grandmother goes often / often goes to bed early.
- 3 I sometimes eat / eat sometimes fast food, but not on school days.
- 4 Math never is / is never boring. It's my favorite subject.
- 5 My parents go never / never go to fast food restaurants.
- 6 I'm always / always am on time for my guitar classes.
- 7 I rarely watch / watch rarely TV all evening.
- 8 Science classes usually are / are usually interesting.

- 5 107 Listen and check.

- 6 Read the chart. Complete Fiona's sentences.

Fiona



- 0 get up before 7:00 a.m. ☐
- 1 study for tests ☒
- 2 be late for school ☐
- 3 play sports after school ☒
- 4 help with cooking at home ☒
- 5 go to bed early ☒
- 6 drink coffee ☒

- 0 I never get up before 7:00 a.m.!

1

2

3

4

5

6

- 7 Now write seven sentences in your notebook about Fiona in exercise 6.

- 0 Fiona never gets up before 7:00 a.m.



Your turn

- 8 Read the list of study tips for learners of English. In your notebook, write sentences about you. Use adverbs of frequency.

I sometimes listen to songs in English.

Tips for learners of English



Listen to songs in English.



Watch movies and TV shows in English.



Play language games online.



Read websites in English.

- 9 In pairs, discuss the good study habits in exercise 8.

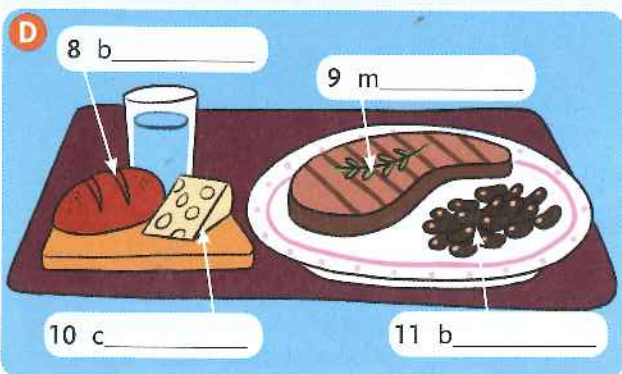
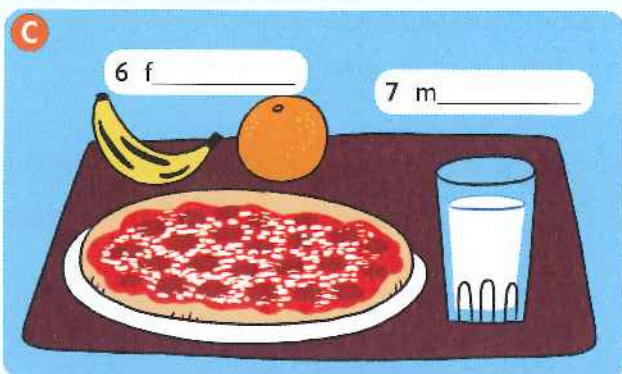
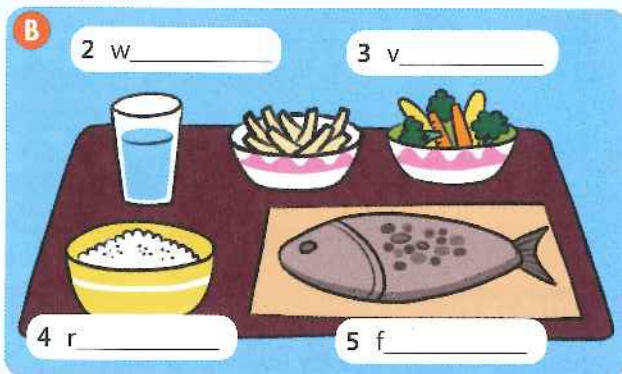
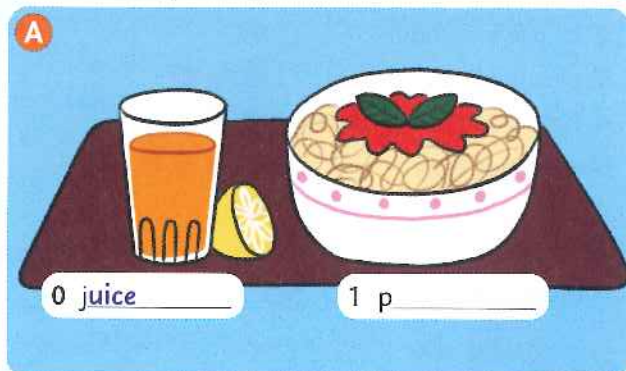
I sometimes listen to songs in English.

I never listen to songs in English. But I sometimes read websites in English.

Food and drink

- 1 **108** Label the trays of food and drink.
Listen, check, and repeat.

beans bread cheese fish fruit juice meat
milk pasta rice vegetables water



- 2 Choose the correct answers.

- I can make a sandwich with this bread / rice.
- Apples are my favorite fruit / vegetable.
- Cook the cheese / pasta in hot water.
- Don't drink sugary drinks in school, please. Drink fruit / water.
- I never eat pizza because I don't like cheese / meat.
- I'm a vegetarian. I don't eat beans / meat, but I really like fish / vegetables.
- Please can I get some apple juice / milk?

- 3 **Your turn** Complete the sentences for you.

- I never have _____ for lunch.
- We sometimes have _____ for dinner.
- We drink _____ at school.

Listening Skills

- LO Listen to students talking about their school lunches

Lunches around the world

- 1 **109** Listen. Which country's school lunch do you prefer?

Australia France Japan

- 2 **109** Listen again. Match students 1-3 with trays A-D. There is one extra tray.

- Haruto, Japan: Tray B
- Isla, Australia: Tray _____
- Gabriel, France: Tray _____

- 3 **109** Listen again. Choose T (true) or F (false). Then correct the false sentences in your notebook.

- Haruto and his teacher eat lunch in their classroom.
T ☒ F ☐
- After lunch, Haruto's teacher cleans the desks.
T ☐ F ☐
- Isla sometimes has pizza for lunch.
T ☐ F ☐
- Some students don't buy lunch at Isla's school.
T ☐ F ☐
- Gabriel has one hour and twenty minutes for lunch.
T ☐ F ☐
- Gabriel likes cheese.
T ☐ F ☐

- 4 **Your turn** Write a short description of lunch at your school.

We have lunch at 12:30. I sometimes have ...



Simple present: questions (Do / Does) and short answers

- 1 110 Read the Grammar in context. Look at tray C on page 70. Try to complete Chiara's answers. Listen and check.

Grammar in context

Present and Practice

Interviewer Do you like your school lunches, Chiara?

Chiara Yes, I **do**. We have things like pizza and ¹ _____. I really like pepperoni pizza!

Interviewer Do students **drink** juice at lunchtime?

Chiara No, we **don't**. We drink water, or sometimes ² _____.



Chiara, Italy

Grammar notes p.150

- 2 Complete the charts with words from the Grammar in context.

Questions

⁰ Do	I / you / we / they	¹ _____ your school lunches?
Does	he / she / it	² _____ juice at lunchtime?

Short answers

Yes,	I / you / we / they	³ _____.
	he / she / it	does.
No,	I / you / we / they	⁴ _____.
	he / she / it	doesn't.

- 3 Choose the correct words.
- Do** / **Does** you help with chores?
 - Do** / **Does** your school have tablets?
 - Do** / **Does** you like fashion?
 - Do** / **Does** your friends like outdoor activities?
 - Do** / **Does** you and your family eat meat?
 - Do** / **Does** your best friend speak English?
- 4 Match short answers a-f with the questions in exercise 3.

- | | |
|-------------------------------|-------------------------|
| a No, they don't. _____ | d Yes, we do. _____ |
| b No, it doesn't. _____ | e No, I don't. <u>0</u> |
| c No, he / she doesn't. _____ | f Yes, I do. _____ |

- 5 111 Listen and check.

- 6 **Your turn** Write your answers for the questions in exercise 3.

0 Yes, I do.

- 7 Look at the chart. Write questions and short answers in your notebook.

	Sienna	Aiden
like fast food	✓	✓
have sugary drinks at lunchtime	✗	✗
eat fish	✓	✓
like cheese	✗	✓
eat fruit at lunchtime	✓	✗

- 0 Aiden / cheese?

Does Aiden like cheese?

Yes, he does.

- 1 Sienna / cheese?

- 2 Sienna and Aiden / sugary drinks at lunchtime?

- 3 Aiden / fruit at lunchtime?

- 4 Sienna and Aiden / fast food?

- 5 Sienna / fruit at lunchtime?

- 6 Sienna and Aiden / eat fish?

- 8 **Your turn** In pairs, ask and answer *Do you ... ?* questions about the things in exercise 7.

Do you like fast food?

Yes, I do. / No, I don't.

Do you have sugary drinks at lunchtime?

Yes, I do. / No, I don't.

Listening Skills

LO Listen to a conversation and identify the speakers' relationship

Come on, Jay!

1 **112** Read the questions. Then listen to a conversation and answer the questions.

- What good or bad habits do the speakers mention?
- What food and drink do the speakers mention?

2 **112** Read the questions. Listen and discuss your answers.

- Where are the speakers?
a at work b at school c at home
- Jay is ...
a a teenager. b an adult.
- Who has bad habits?
a the woman b Jay



Active Listeners

Identifying the relationship between speakers

Active listeners listen carefully to identify the relationship between speakers.

3 Read the tip. Then choose the correct answer. How do you know?

The speakers in the conversation are Jay and ...

- his best friend.
- his mother.
- his teacher.

4 **112** Listen again. Choose T (true) or F (false).

- Jay is late for breakfast.
T ☒ F ☐
- Jay says he always goes to bed early.
T ☐ F ☐
- Jay watches TV all evening.
T ☐ F ☐
- Jay says he is often late for school.
T ☐ F ☐
- Jay likes the cheese.
T ☐ F ☐
- Jay likes the bread.
T ☐ F ☐
- Jay eats fruit.
T ☐ F ☐
- Jay's family eats fruit.
T ☐ F ☐

Reading Skills

LO Read a blog and use pictures to understand words

A blog post

1 **113** Read the blog post. Match questions a–d with paragraphs 1–4. Then listen and check.

- Does Stefan like all food?
- Can Stefan cook?
- ~~Who is Stefan Gates?~~
- Does Stefan like food from different countries?



Active Readers

Using pictures to understand words

Active readers use pictures to understand words.

2 Read the tip. Then read the blog post again and look at the highlighted words. Match them with pictures A–D.

- red ants
-
-
-

3 Correct the highlighted words.

- Stefan is **American**. British
- Stefan writes **blogs**. _____
- Stefan talks to **teachers** about the science of food. _____
- When Stefan visits new countries, he **goes to bed** early. _____
- Stefan goes to **restaurants** in new countries. _____
- Stefan has a **radio show**. _____
- Stefan doesn't like **red ants**. _____

4 Answer the questions.

- What is the subject of Stefan's books and shows?
The subject is food.
- What is "Stefan's hot cheese sandwich"? _____
- Does Stefan like Japanese food? _____
- Where can you buy the best food in a country? _____
- What food is good for you? _____

5 **Your turn** Discuss the questions.

- What's your favorite food? Can you cook it?
- What cooking shows are on TV at the moment? Do you watch them?
- What "interesting" types of food do people in your country eat? What about you?