



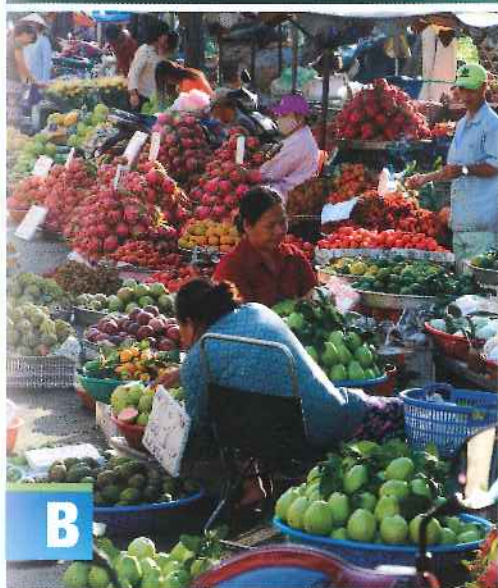
FoodFame!

Stefan Gates



Food adventurer!

A



B



C



D

1 Who is Stefan Gates?

Stefan is a British TV host. He also writes books, and
5 he does shows at festivals in the U.K. The subject is
always ... food!

2

Yes, he can, but he only cooks interesting food. His
favorite is "Stefan's hot cheese sandwich": Put cheese
10 between bread and then ... sit on it!

He also goes to schools to teach students about the
science of food.

3

Yes, he does, and his favorite is Japanese food. When
15 Stefan visits new countries, he gets up early and he goes
to street markets. They often sell the best food. He buys
interesting things and then he cooks them.

4

No, not everything! On his TV show, he eats spiders and
20 insects – he even likes red ants! They're very good for
you. But he hates bad pizza!

Interview about healthy diets

- 1 T14 Read the interview. Complete the blanks with *Yes, I do* or *No, I don't*. Listen and check.



- Rob Question 1. Do you eat fruit?
 Maria ⁰ Yes, I do.
 Rob How often do you eat fruit?
 Maria I always eat fruit after dinner.
 5 Rob Question 2. Do you like vegetables?
 Maria ¹ _____.
 Rob How often do you eat vegetables?
 Maria I never eat *green* vegetables, but I often eat other vegetables.
 10 Rob Question 3. How often do you drink water?
 Maria I drink four big glasses of water every day.
 Rob Question 4. Do you like fast food?
 Maria ² _____. I love burgers.
 Rob How often do you eat fast food?
 15 Maria We eat fast food every Saturday.

- 2 T15 Listen and repeat.

- 3 Complete the sentences with two words.

- 0 Maria always eats fruit after dinner.
 1 Maria _____ green vegetables.
 2 Maria _____ other vegetables.
 3 Maria drinks four _____ of water every day.



Active Speakers

Using adverbs of frequency

Active speakers use adverbs of frequency and phrases with *every* to talk about their habits.

- 4 Read the tip. Then complete the chart about Maria's eating habits.

	Food	How often?
0	<u>fruit</u>	always – after dinner
1	_____	never
2	_____	often
3	_____	every day
4	_____	every Saturday



Global Skills

Making healthy choices



It is important to have a "balanced" diet. A balanced (varied) diet contains different healthy food and drinks. It doesn't include unhealthy food and drinks, so try not to have fast food and sodas often!

- 5 Read the Global Skills box and look at the poster. Does Maria have a "balanced" diet? Make notes. Then compare with a partner.

Healthy choices for a balanced diet



- 6 Make notes about your diet in your notebook. Use adverbs of frequency and phrases with *every*.

Fruit and vegetables: I eat ...
 Carbohydrates:
 Protein:

Dairy:
 Water:
 Fast food:

- 7 Write four interview questions. You can ask about the things in exercise 1, or about the food and drink in the poster.

Do you eat/drink/like ... ?

How often do you eat/drink ... ?

- 8 In pairs, ask and answer your interview questions. Use the model below and the conversation in exercise 1.

Question 1:

Do you eat/drink/like ... ? Yes, I do.
 No, I don't.

Question 2:

How often do you eat/drink ... ? I eat ... every day. / I always eat ...
 I never eat/drink ...

- 9 Make notes about your partner's diet. Compare your diets.



Watch

LO Understand and reflect on a video about a market



International English

🇬🇧 sweets = 🇺🇸 candy
 🇬🇧 pounds (£) / 🇺🇸 dollars (\$)



Borough Market London, U.K.

Before you watch

1 Label the food and drink in the pictures.

candy coffee cookies
 herbs and spices olives tea



0 tea



1



2



3



4



5

While you watch

2 Video Watch the preview video. Answer the questions.

- 1 Which food from exercise 1 can you see? _____
 2 What other food or drink can you see? _____

3 Video Watch the main video.
 Complete the sentences with the numbers.

3 4 7 100

- 0 In the video, there are stall holders from 7 different countries.
 1 There are over _____ stalls at Borough Market.
 2 Fabio and Robert's coffee costs about £ _____ per cup.
 3 Every year, _____ million people visit Borough Market.

4 Video Watch again. Match the stall holders with their countries. Then write what they sell. Watch again and check.

France ~~Greece~~ India Mauritius Portugal Switzerland the U.K.

- | | | |
|--------------------|---------------|---------------|
| 0 Marianna | <u>Greece</u> | <u>olives</u> |
| 1 Sofia | _____ | _____ |
| 2 Magali | _____ | _____ |
| 3 Michèle | _____ | _____ |
| 4 Fabien | _____ | _____ |
| 5 Ratan | _____ | _____ |
| 6 Fabio and Robert | _____ | _____ |

After you watch



Global Skills

Trying new things

It is easy to always do, or eat and drink, the same things – things that you know and like. But you can learn a lot about the world (and about yourself) by trying new things. These can be types of food and drink – and other new experiences too.

5 Read the Global Skills box. In pairs, discuss the questions.

- Do you like the food and drink items in the video?
- Which items from the video are new to you?
- Do you want to try any food and drink items from the video?
- Do you like new types of food and drink? Can you share some examples?

Vocabulary

1 Add **do**, **go**, **go to**, or **have** to each word. Then order the daily routines 1–6.

- a go to bed _____
- b _____ breakfast 1
- c _____ dinner _____
- d _____ home _____
- e _____ lunch _____
- f _____ school _____

2 Correct the highlighted words in each chore.



0 help with **my clothes**
help with cooking



1 **wash** my room _____



2 **take out** my bed _____



3 put away **cooking** _____



4 **wash** the table _____



5 take out the **room** _____



6 **clear** the dishes _____



7 dry the **table** _____

3 Match verbs from A with the words and phrases in B. There is one word in B that doesn't need a verb from A. Write the habits in the correct list.

A **be** ~~be~~ drink eat eat go go study watch

B exercise fast food for tests healthy food ~~late~~
~~on time~~ sugary drinks to bed early to bed late
TV all evening

✓ Good habits

be on time

✗ Bad habits

be late

4 Label the food and drink.



0 **juice** _____



1 p _____



2 w _____



3 b _____



4 c _____



5 v _____



6 b _____



7 f _____



8 f _____



9 m _____



10 r _____



11 m _____

Grammar

- 1 Complete the sentences with the verbs. Use the affirmative or negative form of the simple present.

- 0 I don't get up (not get up) at 6:00 a.m.
 1 My dad _____ (take) a shower before breakfast.
 2 We _____ (not have) classes on Saturdays.
 3 My sister _____ (have) lunch at school.
 4 You _____ (go) to bed late!
 5 They _____ (not clean) their room every day.
 6 Our teacher _____ (go) to school at 7:00 a.m.

- 2 Complete the sentences with the affirmative or negative form of the simple present.

- 0 go to bed = **09:45 PM**
 I go to bed at 9:45 p.m.
 I don't go to bed at 10:45 p.m.
 1 have classes = **09:00 AM**
 They _____ at 9:00 a.m.
 They _____ at 8:45 a.m.
 2 do your homework = **04:15 PM**
 You _____ at 4:15 p.m.
 You _____ at 6:15 p.m.
 3 get up = **06:45 AM**
 Carl _____ at 7:45 a.m.
 He _____ at 6:45 a.m.
 4 go to school = **07:45 AM**
 We _____ at 7:30 a.m.
 We _____ at 7:45 a.m.
 5 have breakfast = **07:00 AM**
 Our dog _____ at 7:00 a.m.
 She _____ at 10:00 a.m.

- 3 Cross out the extra adverb of frequency in each sentence.

- 0 I ~~never~~ am never late for school.
 1 I ~~always~~ do always my homework.
 2 Tom and I ~~often~~ are often in the park on Sunday.
 3 My English teacher ~~always~~ is always on time.
 4 I ~~sometimes~~ wash the dishes sometimes after dinner.
 5 Do you ~~usually~~ get up usually late?
 6 You ~~never~~ make never your bed!

- 4 Look at the chart. Complete the simple present questions and write short answers.

On Saturdays ...	Maddy	Jacob	Leah
get up early	X	X	✓
go to bed late	✓	✓	X
help with cooking	X	✓	✓
play computer games all evening	✓	X	X

- 0 " Does Maddy get up early?"
 " No, she doesn't."
 1 " _____ Jacob go to bed late?"
 " _____."
 2 " _____ Jacob and Leah help with cooking?"
 " _____."
 3 " _____ Leah play computer games all evening?"
 " _____."
 4 " _____ Jacob get up early?"
 " _____."
 5 " _____ Maddy play computer games all evening?"
 " _____."

Look back: Units 5 and 6

Read the article. Then choose the correct answers.

SK8 4 LIFE



Helen Pearce, 13, is from Kingston, west London. She
 0 goes to the skatepark after school and she stays there for hours. She goes 1 _____ at 6:00 or 7:00 p.m. and she has 2 _____. Isla doesn't 3 _____ TV all evening, but 4 _____ to bed late because she watches skateboarding videos online. "Skateboarding is awesome. I love it!" says Helen. 5 _____ Helen do her homework and her chores? "Yes, I do – I have lots of good habits! I 6 _____ my bed and I clean my room. I 7 _____ do my homework. I even eat 8 _____ food!"

- | | | |
|--------------------|------------------|------------------|
| 0 a go | b don't go | c goes |
| 1 a home | b to bed | c to school |
| 2 a breakfast | b lunch | c dinner |
| 3 a do | b go | c watch |
| 4 a often she goes | b she often goes | c she goes often |
| 5 a Do | b Does | c Doesn't |
| 6 a do | b get | c make |
| 7 a always | b never | c sometimes |
| 8 a fast | b healthy | c interesting |

7

My style

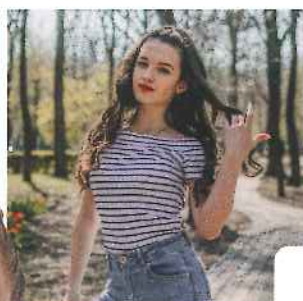
Kat Kat_cg_09
posted on March 3



Kat Kat_cg_09
posted on October 27



Kat Kat_cg_09
posted on March 3



Kat Kat_cg_09
posted on October 27



Kat Kat_cg_09
posted on May 6



▶ Metro VIDEO

A ▶ **Video** 🔊 116 Watch or listen to Part 1 of the video.
Who is the girl in Kat's photos with long, curly brown hair?
a her cousin b her best friend c her sister

B Watch or listen to Part 1 again. Choose the correct answers.
0 Sienna has a green / red dress.
1 Kat says Sienna is beautiful / funny.
2 Kat is into English and science / clothes and fashion.
3 Kat says Sienna has long hair / shorts.
4 Sienna is / isn't tall.
5 Kat likes / doesn't like the photo at the end of the video.

C Can you guess who is in the photo at the end of the video?



Describing people

1 117 Look at the pictures and complete the descriptions. Listen, check, and repeat.

blond curly dark glasses long short short straight tall

Player 1



eyes blue, ^aglasses _____
 hair color: ¹b _____
 style: ²l _____, ³s _____
 height ⁴t _____

Player 2



eyes brown
 hair color: ⁵d _____
 style: ⁶s _____, ⁷c _____
 height ⁸s _____

Your turn

2 Rewrite the text about you. Change the highlighted words.

My eyes are green.
 I have blond hair. It's short and curly.
 I'm / I'm not tall.
 My eyes are ...

3 Write a short description of a person in the class.

Stop

He has short hair. She has long hair.
 I'm short (1.52 m). She's tall (1.79 m).

4 In pairs, read your descriptions. Who is it?

He's tall. He has short, dark hair. He has brown eyes and glasses.

Is it David?

Yes, it is.

Video

D Video 118 Watch or listen to Part 2 of the video. Who is in the photo at the end of Part 1?

E Complete the paragraphs. Watch or listen to Parts 1 and 2 again and check.

curly dark eyes great guitar long tall

Sienna has ⁰ great style. She has ¹ _____,
² _____ hair and she's ³ _____.

Alex plays the ⁴ _____. He has ⁵ _____ hair,
 and green ⁶ _____.



An article

1 **119** Who can you see in the pictures? Read, listen, and check.

Double vision

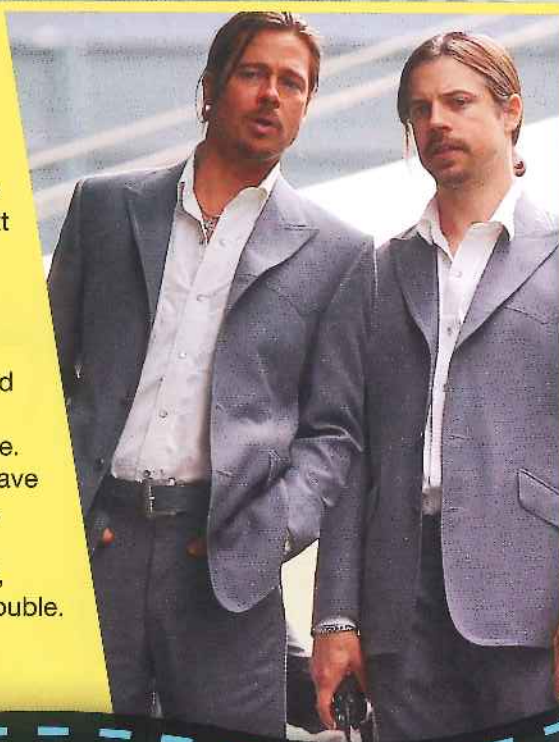
Most people can recognize Brad Pitt. He's tall and he has short, brown hair, and blue eyes. But which person in the photo is Brad Pitt? The men's faces, eyes, hair, and clothes are very similar. The answer is: Brad Pitt is on the left. The man next to him is his "stunt double."

Movies often include dangerous scenes. For example, there are sometimes car crashes or a person falls through a window. Movie directors don't want their actors to have injuries from doing "stunts" like these. So stunt doubles do the stunts instead of the actors.

In these photos, you can see Rebel Wilson with her stunt double. They are both of average height – not tall, but not short. They have long, curly, blond hair, brown eyes, and the same black clothes.

15 Which one is Rebel Wilson? How do you know?

The tall guy on the left with the blue clothes, a beard, and short, dark hair is Adam Sandler. The guy in front of him is his stunt double. Guess who's in the water?



2 Complete the chart with information from the article.

	Adam Sandler	Brad Pitt	Rebel Wilson
eyes	0 _____	2 _____	5 _____
hair	0 <u>short, dark</u>	3 _____	6 _____
height	1 _____	4 _____	7 _____

3 Find and underline words 1–6 in the article. Can you guess what they mean? Check your answers (in a dictionary).

- | | | |
|-------------|-------------|----------|
| 1 left | 3 car crash | 5 injury |
| 2 dangerous | 4 fall | 6 beard |

4 **Your turn** Discuss the questions in groups. Use information from the article and your own ideas.

- 1 Why do actors need stunt doubles?
- 2 Why do stunt doubles look similar to famous actors?
- 3 What are the good things and bad things about a stunt double's job?
- 4 Imagine you can be a famous actor or a stunt double. Which job do you want? Why?





Question words + simple present

- 1 120 Read the Grammar in context. What job does Heidi Moneymaker do? Listen and check.

Grammar in context

Present and Practice

- Uma Who is that?
 Liam She's Heidi Moneymaker.
 Uma Why does she have that award?
 Liam It's an award ceremony.
 Heidi is a ¹ _____
 for Scarlett Johansson.
 Uma What do you mean?
 Liam She looks like Scarlett
 Johansson, and she does
 dangerous scenes for her!



Grammar notes p.153

- 2 Complete the chart with the question words from the Grammar in context.

When	do	I	help with cooking?
¹ _____	do	you	mean?
² _____	does	he/she/it	have that award?
What time	do	you	get up?
How	do	we	play this?
Where	do	they	work?
Who	do	you	sit with in math class?
How often	do	we	have P.E. class?

- 3 Match the question halves.

Quiz! What do you remember?

- What long number does e _____
- Liam Hemsworth is in *The Hunger Games*. What character does _____
- Karl and Stefan Weber are awesome acrobats! Where do _____
- Stephen Wiltshire is an artist with an amazing memory. What does _____
- Stefan Gates is a British TV host. What does _____
- Lori-Ann Keenan, Antonio Romero Monteiro and Joshua Mueller have world records for their collections. What do _____

- a he play? d he draw?
 b they come from? e Daniel Tammet know?
 c they collect? f he make programs about?

- 4 Do the quiz in exercise 3. What do you remember in this book? Check your answers on page 126.

- 5 Order the words to make questions.

- 0 do/you/like/what/type of food/?
What type of food do you like?
 1 do/get up/on Sundays/you/what time/?

 2 music/what/do/you/like/?

 3 how/you/study/do/for tests/?

 4 TV/watch/when/do/you/?

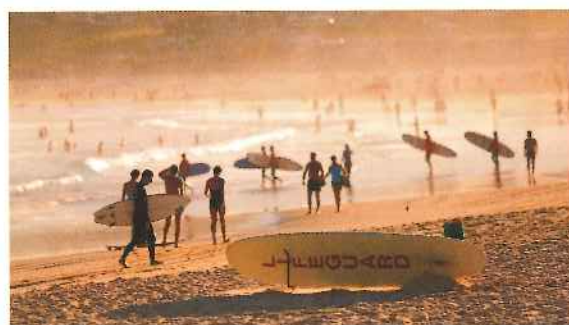
 5 sports/do/you/play/what/?

 6 do/where/you/to school/go/?

- 6 121 Listen and check.

- 7 Read the answers and complete the questions. Use question words and the verbs.

buy do go go have watch



- 0 "Where do you go on vacation?"
 "We often go to the beach."
 1 "_____ TV shows do you _____?"
 "I like quiz shows."
 2 "_____ do you _____ your sneakers?"
 "We always look online."
 3 "_____ do you _____ your homework?"
 "Every weekday after school."
 4 "_____ do you _____ to school?"
 "I often walk, but I sometimes go by car."
 5 "_____ do you _____ for breakfast?"
 "I always have fruit."

- 8 Your turn In pairs, ask and answer five of the questions in exercises 5 and 7.

What type of food do you like?

Fast food! What about you?

I really like fish and salad!

Clothes



1 122 Label the clothes. Listen, check, and repeat.

boots cap dress jacket jeans pants shirt
shoes shorts ~~skirt~~ sneakers T-shirt

- | | |
|----------------|----------|
| 0 <u>skirt</u> | 6 _____ |
| 1 _____ | 7 _____ |
| 2 _____ | 8 _____ |
| 3 _____ | 9 _____ |
| 4 _____ | 10 _____ |
| 5 _____ | 11 _____ |

2 With which clothes do we use *a pair of*?

- | | |
|--------------------------|-------------------|
| 0 a pair of <u>boots</u> | 3 a pair of _____ |
| 1 a pair of _____ | 4 a pair of _____ |
| 2 a pair of _____ | 5 a pair of _____ |

3 Look at someone in your class. List their clothes.

4 **Your turn** Write a short description of some of your clothes at home.

I have a cool T-shirt from a concert. It's black with a photo of The Weeknd on it.

Listening Skills

LO Listen to a conversation about the clothes that celebrities wear

Celebrity style

1 123 Listen to a conversation about Selena Gomez. Choose the correct answer.

Lauren says Selena Gomez ...

- a wears expensive clothes.
- b has a different style.

2 123 Listen again. Who says these things? Write L (Lauren) or T (Tim).

- 0 Selena Gomez is an awesome singer. L
- 1 She's an amazing actor. _____
- 2 Famous people's clothes are always new. _____
- 3 Selena Gomez wears simple clothes. _____
- 4 She's a cool person. _____

3 123 Listen again. Match 0-3 with a-d to complete the description of Selena Gomez.

- | | |
|---------------------------|------------------|
| 0 Her hair is <u>d</u> | a simple. |
| 1 Her eyes are _____ | b fun pictures. |
| 2 Her clothes are _____ | c brown. |
| 3 Her T-shirts have _____ | d long and dark. |

4 **Your turn** What celebrities do you like? What type of clothes do they wear? Write five or six lines.

I'm a big fan of Emilia Clarke. She's a famous British actor. She has long, brown hair and ...





Object pronouns

- 1 124 Read the Grammar in context. Do you know the answers? Listen and check.

Grammar in context

Present and Practice



Becky Is this Selena Gomez? I think this song is by **her**.
Lauren Yes, it is. It's called Lose ⁰it/**you** to love ¹me/**us**.
Becky I like it!
Lauren It's from her ²2020/2021 album, Rare.

Grammar notes p.154

- 2 Complete the chart with words from the Grammar in context.

Subject pronouns	Object pronouns
I like this.	Is it for me ?
Do you like this dress?	It's for you .
He likes fast food.	This pizza is for him .
She's a singer.	This song is by ¹ _____.
It's a great song.	I like ² _____!
We know the answer.	Listen to us .
You don't like this song.	This pizza isn't for you .
They're cool.	I wear them every day.

- 3 Choose the correct words.

- 0 **I/Me** love volleyball.
 We always watch **it/him** on TV.
 1 **We/Us** like rice and beans.
 Dad makes it for **we/us** on Saturdays.
 2 **Him/He** has new headphones.
 I don't like **them/they**.
 3 **Her/She** 's always late.
 It's OK. She can go home with **me/I**.
 4 **Them/They** never talk to me.
 Do they talk to **I/you**?
 5 Is your dad here? Can you give this to **her/him**?
 It's from all of **we/us**.
 6 **She/Her** cooks lunch on Sundays.
 The food is always great! We really like **it/her**.
 7 **I/Me** live near my friends.
 I see **them/us** every day.

- 4 125 Listen and check.

- 5 Rewrite the sentences. Change the highlighted words to object pronouns.

0 I can't write **Japanese**. I can't write it.

1 I love **these comics**.

2 Please give the drinks to **me and my sister**.

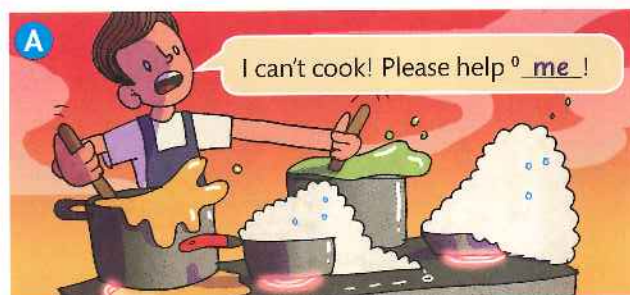
3 This book is for **your mom**.

4 These pizzas are for **you and your family**.

5 I often play soccer with **my dad**.

- 6 Complete the sentences with the object pronouns.

her it ~~me~~ me us you



- 7 **Your turn** Write five true sentences with object pronouns.

My best friend sits next to me in class.

Listening Skills

LO Listen and predict content from a picture

On the red carpet

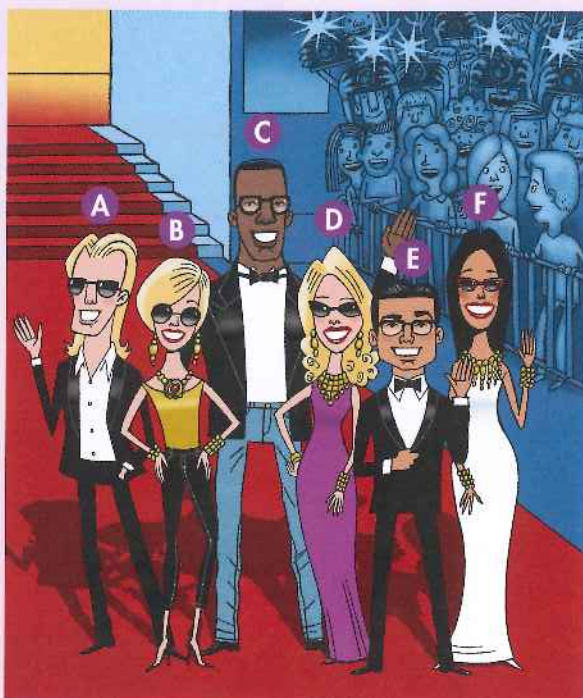


Active Listeners

Focusing on what you can see

Active listeners focus on what they can see as well as what they can hear.

- 1** Read the tip. In exercise 2, there is a conversation about the people in the picture. Make notes in your notebook about each person's appearance and clothes.



A He has long, blond hair, and sunglasses.
He has a white shirt, a black jacket,
and black pants.

- 2** **126** Listen and find Vince Cornwell and Sandra West in the picture. Write their letter.

1 Vince Cornwell ____ 2 Sandra West ____

- 3** **126** Read the sentences. Listen again and choose T (true) or F (false).

The speakers say that ...

- | | | |
|--------------------------------------|---------------------------------------|----------------------------|
| 0 Vince Cornwell is a singer. | T ☒ | F ☐ |
| 1 Vince Cornwell's band is American. | T ☐ | F ☐ |
| 2 His band is awesome. | T ☐ | F ☐ |
| 3 Sandra West is funny. | T ☐ | F ☐ |
| 4 Sandra West is an actor in movies. | T ☐ | F ☐ |
| 5 Sandra West is British. | T ☐ | F ☐ |
| 6 She has a nice dress. | T ☐ | F ☐ |

Reading Skills

LO Read a story and understand pronoun references

A story

- 1** **127** Read and listen to the story. Choose Jayden's feelings.

- 1 in picture 1 a b c
2 in picture 4 a b c

- 2** Order the events. Read again and check.

- a ____ Jayden's mom buys the shirt.
b 1 Jayden sees a shirt online.
c ____ Jayden doesn't like the shirt in the box.
d ____ The delivery woman comes on Saturday.
e ____ Jayden opens the box.

- 3** Read again and choose the correct answers.

- 0 Jayden finds a soccer shirt ...
a at home. c in a store.
b online. d at soccer practice.
1 Jayden likes ...
a the color of the shirt. c the website.
b soccer practice. d the credit card.
2 Delivery of the shirt ...
a is free. c is after 12:00 p.m.
b costs \$11.99. d is before May 23.
3 The delivery woman arrives ...
a at 12:00 p.m. c on time.
b early. d late.
4 The shirt ...
a is from the wrong website. c isn't new.
b is very small. d isn't the right color.



Active Readers

Pronoun referencing

Active readers can understand who or what pronouns (you, it, him, her, etc.) refer to in a text.

- 4** Read the tip. Then find the sentences in the story. Who or what do the **highlighted** pronouns refer to?

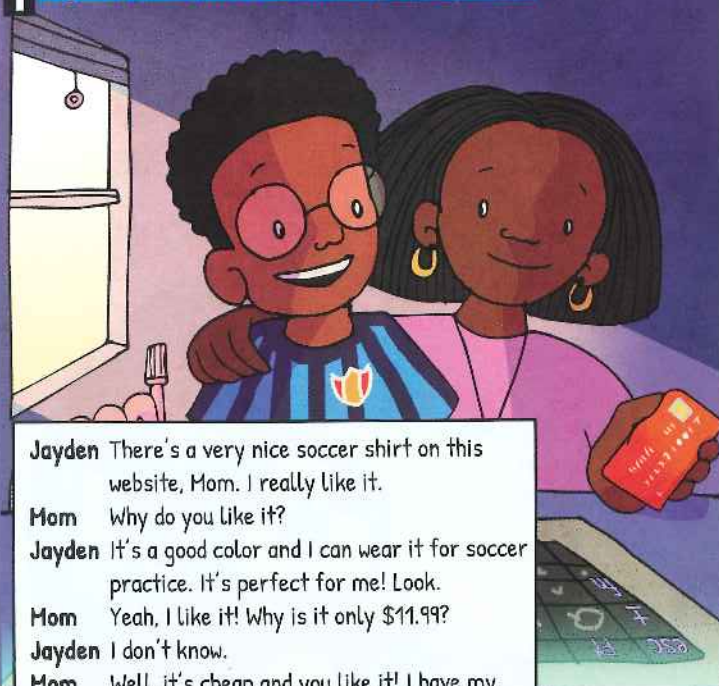
- 0 I really like **it**.
it = a the shirt b this website
1 It's perfect for **me**.
me = a Jayden b Jayden's team
2 I can buy it for **you**.
you = a Jayden b Jayden's mom
3 **It's** a miniature.
it = a the box b the shirt

- 5** **Your turn** What are the advantages of shopping online? What are the problems?



A new soccer shirt

1 Jayden's mom often helps him buy things online.



Jayden There's a very nice soccer shirt on this website, Mom. I really like it.

Mom Why do you like it?

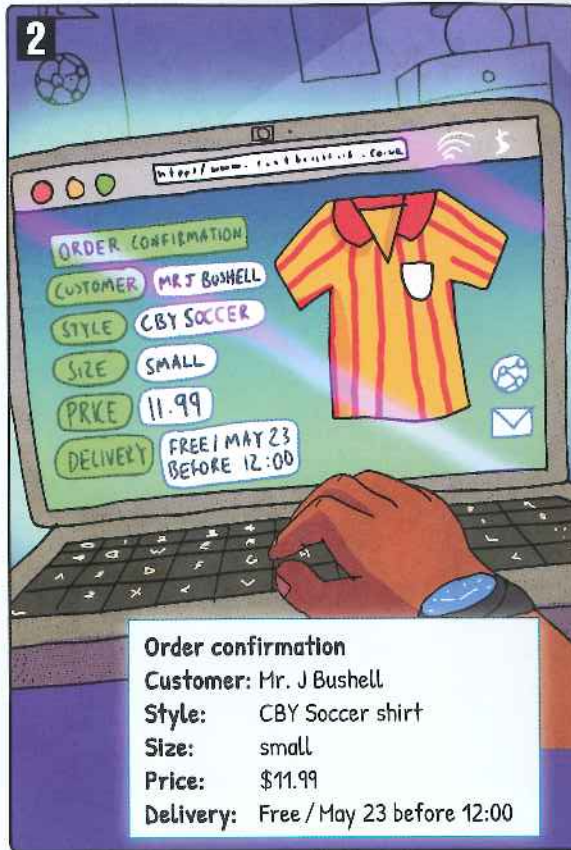
Jayden It's a good color and I can wear it for soccer practice. It's perfect for me! Look.

Mom Yeah, I like it! Why is it only \$11.99?

Jayden I don't know.

Mom Well, it's cheap and you like it! I have my credit card here - I can buy it for you.

Jayden Wow, thanks, Mom!



Order confirmation

Customer: Mr. J Bushell

Style: CBY Soccer shirt

Size: small

Price: \$11.99

Delivery: Free / May 23 before 12:00

3 Saturday 12:15 p.m.
Jayden gets home and he sees his mom.



Jayden Where's my order? It's late.

Mom Oh, look! Here's the delivery woman.

DW Jayden Bushell?

Jayden Yes, that's me!

DW I have a delivery for you.

Mom Do you like your shirt?

Jayden This isn't my shirt. It's from the same website, but the box is very small.

Mom Well, what's in it? Go ahead, open it.

4 Jayden opens the box.
Inside, there's a soccer shirt.



Jayden Oh, no! It's a miniature!

Describe your look

- 1 128 Read and listen. Who likes old clothes?
Who prefers new clothes?



Alicia What kind of clothes do you like?

Ben My favorite clothes are this pair of jeans and my old sneakers. I love them! What about you? What kind of clothes do you like?

5 **Alicia** I'm really into fashion. I have lots of clothes! I love shopping and I always look at new styles online. Check out this hoodie! I love it!

Ben I like it, too. But I'm happy with these old clothes. I don't need new things all the time.

- 2 129 Listen and repeat.



Active Speakers

Expressing likes and preferences

Active speakers use these phrases for talking about their likes and preferences.

What kind of ... do you like?

I'm really into ... / I love ... / I'm happy with ...

I don't need ...

Check out this / my ... !

- 3 Read the tip. Then complete the sentences with words from the conversation.

0 What kind of clothes do you like?

1 I love _____!

2 What about _____?

3 I'm _____ into fashion.

4 Check _____ this hoodie!

5 I _____ it!

6 I'm _____ with these old clothes.



Global Skills

Being a responsible shopper

12 RESPONSIBLE CONSUMPTION AND PRODUCTION

Clothes aren't always expensive and it can be easy to buy a lot of them. But before you buy new things, ask: "Do I really need it? Can I use my old one?" Buying less and reusing old things is good for the environment and it saves money too!

- 4 Read the Global Skills box and look at the poster. Then answer the questions.

Reduce

Reuse



Recycle

- Who likes this idea, Alicia or Ben?
- Do you shop in a responsible way - always, usually, sometimes, rarely, or never?
- Is it important to shop in a responsible way? Why? / Why not?

- 5 Make notes about your clothes.

- 6 In pairs, plan and have a conversation about your "look". Use the model below and the conversation in exercise 1.

What kind of clothes do you like?

My favorite clothes are ...
I love it / them! How about you?

I'm really into ... I'm happy with ... /
Check out this / my ...





Traid Remade

Brighton, U.K.

12 RESPONSIBLE CONSUMPTION AND PRODUCTION



Before you watch

1 Read the tip. Then translate the adjectives into your language.

- | | | | |
|-------------|-------------|---------------|------------|
| 1 beautiful | 3 different | 5 fun | 7 recycled |
| 2 creative | 4 expensive | 6 interesting | 8 unusual |

2 Match the definitions a–h with the adjectives 1–8 from exercise 1.

- | | | | |
|-------------------------------|----------|---------------------------------------|-------|
| a not the same | _____ | e exciting and enjoyable | _____ |
| b to keep your attention | _____ | f not cheap – it costs a lot of money | _____ |
| c attractive, nice to look at | <u>1</u> | g to use new or unusual ideas | _____ |
| d not usual or common | _____ | h to use a material or product again | _____ |



Active Viewers

Identifying similar words

Active viewers can identify and understand words with similar forms in their own language.

While you watch

3 **Video** Watch the preview video twice. What clothes can you see?

4 **Video** Watch the main video. Complete the sentences with adjectives from exercise 1.

- 0 Brighton is famous for its beautiful old buildings.
- 1 The stores in Brighton sell _____ and _____ things.
- 2 The clothes in Traid Remade aren't new or old – they're _____.
- 3 People like Traid Remade because the clothes aren't _____. The clothes are _____.
- 4 For Zoe, her work is _____ and _____.

5 **Video** Watch again. Answer the questions.

- 0 Where is Mo? Brighton
- 1 Where can people swim in Brighton? _____
- 2 Are the stores in Brighton big or small? _____
- 3 What can Zoe make with an old pair of jeans? _____
- 4 Who loves the clothes in Traid Remade? _____

After you watch

6 In pairs, discuss the questions.

- What do you think of fashion? Do you love it or hate it?
- What type of clothes do you like?
- Where do you buy your clothes?
- What do you think of the clothes in Traid Remade?



International English

- | | |
|------------|----------|
| shop = | store |
| trousers = | pants |
| trainers = | sneakers |

8

Winners



Metro VIDEO

A  **Video**  **130** Watch or listen to Part 1 of the video. Check (✓) the sport that Mia and Mo do NOT mention.

- | | | |
|--|--|---------------------------------------|
| 1 ☐ do karate | 3 ☐ play soccer | 5 ☐ go cycling |
| 2 ☐ play basketball | 4 ☐ play football | |

B Watch or listen to Part 1 again. Choose T (true) or F (false).

- | | | |
|---------------------------------------|---------------------------------------|----------------------------|
| 0 Mia and Mo are at a soccer game. | T ☒ | F ☐ |
| 1 Mia likes the game. | T ☐ | F ☐ |
| 2 Mia doesn't like American football. | T ☐ | F ☐ |
| 3 Mia plays basketball after school. | T ☐ | F ☐ |
| 4 Mia does karate every day. | T ☐ | F ☐ |

C Watch or listen to Part 1 again. Can you guess Mia's favorite sport?



International English

-  football =  soccer
 American football =  football



Sports: nouns

1 131 Label the sports. Listen, check, and repeat.

basketball cycling gymnastics jogging
karate sailing skating snowboarding surfing
track and field volleyball yoga



0 jogging



1



2



3



4



5



6



7



8



9



10



11

2 132 Listen and choose the correct answers.

- 0 They play basketball / football after school.
- 1 Carolina goes surfing / jogging.
- 2 Mr. Turnbull's P.E. class does track and field / karate on Tuesday.
- 3 Fatima goes skating / snowboarding on the mountain.
- 4 Harvey can play soccer / volleyball.
- 5 Jon goes cycling / sailing.

3 Read the sentences in exercise 2. Complete the rules with *do*, *go*, or *play*.

Rules

We use:

- ⁰ play for team sports with a ball.
- ¹ _____ for sports that end with *-ing*.
- ² _____ for other non-team sports and martial arts.

4 Copy and complete the mind map.



5 Your turn Write sentences that are true for you. Then compare in pairs.

- 0 I love / don't like cycling and volleyball.
- 1 I love / don't like _____.
- 2 I can / can't play _____.
- 3 I can / can't do _____.
- 4 I often / never go _____.
- 5 I watch / don't watch _____ on TV.

Video

D Video 133 Watch or listen to Part 2 of the video. What is Mia's favorite sport? _____

E Choose the correct answers. Watch or listen to Part 2 again and check.

- 1 Mia always / often plays basketball.
- 2 Mia sometimes does / goes karate.
- 3 Mia goes cycling every day / every weekend.

Social media posts

1 134 Read and listen to the social media posts.

What is the writer's favorite type of cycling?

- a BMX
- b mountain biking
- c velodrome racing

2 Read again. Check (✓) the things that Pippa is doing today.

- 0 ☒ She's visiting the National Cycling Centre (NCC) velodrome.
- 1 ☐ She's riding her bike.
- 2 ☐ She's taking photos
- 3 ☐ She's talking with the riders.
- 4 ☐ She's filming the riders.
- 5 ☐ She's visiting the NCC mountain biking trails.

3 Read again. Answer the questions.

0 Where is the National Cycling Centre?

It's in Manchester, in the U.K.

1 Why do the velodrome cyclists need strong legs?

2 How fast does Pippa cycle?

3 Where do BMX races start?

4 What do riders do with BMX bikes around the track?

5 Why can't Pippa visit the mountain biking trails?

4 Your turn In pairs, discuss the questions.

1 Where can people go cycling in your area?

2 Do you think cycling is fun? Why? / Why not?

**Pippa @Pippa_Davis**

posted on March 3



I'm with my family here in Manchester, in the U.K. Today, we're visiting the National Cycling Centre. We aren't here to go cycling; we're watching the riders and taking photos.



This is the velodrome: the riders go very fast around a 250m circular track. These riders have very strong legs because they're traveling at 80 km/h! It's incredible. I can only cycle at 40 km/h – MAX! The velodrome is very popular, and the track is open for 14 hours every day.



The BMX track here is amazing. There's a big "start hill" and I'm filming the riders go down it fast at the start of each race. They jump their bikes over the other hills around the track. BMX is a lot of fun!



I love mountain biking – it's my favourite type of cycling. The NCC has great mountain biking trails. We aren't visiting those today because we don't have time 😞 but that's OK – we can come back tomorrow!



International English

Spelling

In the U.K., there are different spellings for some words, for example:

🇬🇧 centre = 🇺🇸 center

🇬🇧 favourite = 🇺🇸 favorite



Present progressive: affirmative and negative

- 1 **135** Read the Grammar in context. Choose the correct answer. Listen and check.

Grammar in context

Look at this girl! She's cycling up this big hill – and guess what? She isn't stopping! She's fast, so it's good I'm not cycling with her! Where am I? Today, we're visiting a ¹ mountain biking course/velodrome, and I'm taking photos.



Present and Practice



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- 2 Complete the chart with words from the Grammar in context.

Affirmative

I	<u>'m taking</u>	the photos.
You	<u>'re playing</u>	volleyball.
He/She/It	<u>1</u>	up this big hill.
We/You/They	<u>2</u>	a mountain biking course.

Negative

I	<u>3</u>	with her.
You	<u>aren't jogging</u>	around the park.
He/She/It	<u>4</u>	!
We/You/They	<u>aren't doing</u>	gymnastics.



Stop

Most verbs: add -ing

do ➤ doing learn ➤ learning play ➤ playing

Consonant + -e: ➤ -ing

make ➤ making ride ➤ riding take ➤ taking

One vowel + one consonant:

double the final consonant + -ing

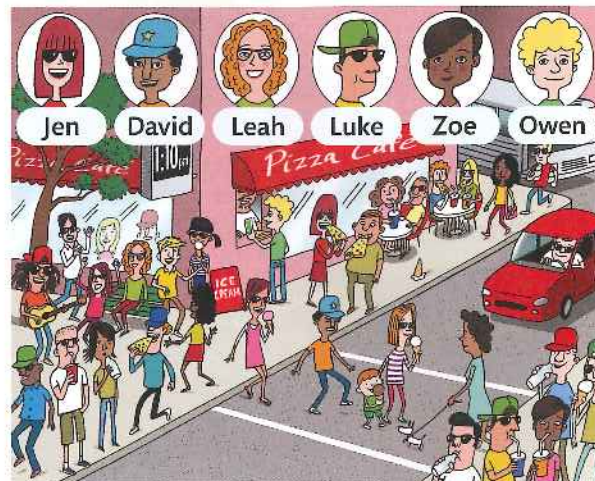
run ➤ running sit ➤ sitting stop ➤ stopping

- 3 Write present progressive sentences.

- 0 I / not watch / TV I'm not watching TV.
- 1 she / play / soccer _____
- 2 we / not eat / pizza _____
- 3 my dad / swim _____
- 4 you / not do / karate _____
- 5 they / not have / lunch _____
- 6 he / not get up _____

- 4 **136** Listen and check.

- 5 Find the people in the picture and complete Jen's description. Use the present progressive affirmative or negative.



- 0 We 're visiting (visit) New York now.
We aren't sitting (sit) on the couch at home!
- 1 I _____ (eat) pasta.
I _____ (eat) pizza.
- 2 Zoe and Luke _____ (drink) soda.
They _____ (run).
- 3 Leah _____ (wear) blue pants.
She _____ (wear) red pants.
- 4 David _____ (walk) across the street.
He _____ (make) his bed.
- 5 Owen _____ (buy) pizza.
He _____ (sell) it.
- 6 We _____ (have) breakfast.
We _____ (have) lunch now!



Your turn

- 6 Imagine you are visiting these countries. Write affirmative sentences about what you are doing.

- 0 We're in the U.K. I'm eating fish and chips.
- 1 I'm in Japan. _____
- 2 I'm in Italy. _____
- 3 We're in Australia. _____
- 4 I'm in the U.S. _____
- 5 We're in India. _____
- 6 I'm in Egypt. _____

- 7 In pairs, compare your answers.

Where are you?

We're in the U.K. We're eating fish and chips. It's amazing!

Sports: verbs

- 1 137 Label the photos with the verbs.
Listen, check, and repeat.

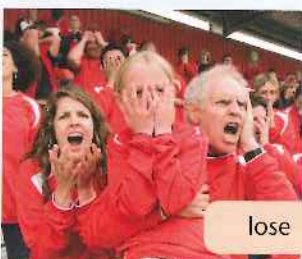


catch throw

0 throw



1 _____



lose win

2 _____



3 _____



score shoot

4 _____



5 _____



hit kick

6 _____



7 _____

- 2 Complete the sentences with the correct pairs of verbs.

kick/shoot loses/catch
throwing/hit winning/score

- 0 Our basketball team often loses games when we don't catch the ball.
1 My soccer team is _____ 4-0! The other team can't _____!
2 I'm good at _____ the ball in baseball. The other teams never _____ it!
3 Over here! _____ the ball to me! Don't _____ from there!

- 3 Complete the table with the verbs.

catch hit kick lose ~~score~~ throw win

0 <u>score</u>	a point
1 _____, 2 _____	a point, a game
3 _____, 4 _____, 5 _____, 6 _____	a ball

- 4 Your turn Check (✓) the sentences that are true for you. In pairs, compare your answers.

- 1 _____ I'm good at catching balls.
2 _____ My favorite team is playing a game this week.
3 _____ I'm not very good at throwing balls.
4 _____ I can kick a ball well.

Listening Skills

- LO Listen to a conversation about American football

The national game

- 1 138 Listen to the conversation. What is the main topic?

- a The players on an American football team
b How to play American football
c How to score in American football



- 2 138 Listen again. Choose the correct answers.

- 0 American football is / isn't the "national game" in the U.S.
1 There are 11 / 22 players on a football field.
2 Players try to move the ball into their team's / the other team's end zone.
3 Players can / can't run with or kick the ball.
4 A touchdown is when a player carries / kicks the ball into the end zone.
5 A touchdown is three / six points.
6 A field goal is when a player carries / kicks the ball through the goal posts.

- 3 Your turn In pairs, discuss the questions.

- 1 What is the national game in your country? Do you like it? Do you play it?
2 Can you explain any of the rules for your favorite sport?



Present progressive: questions and short answers

- 1 **139** Look at the photo and read the Grammar in context. Complete the blanks with 4 or 17. Listen and check.

Grammar in context

Present and Practice

Tyler Is Player ⁰ 4
kicking the ball?
Lily No, he isn't.
Tyler What is Player
¹ _____ doing?
Lily He's kicking the ball.
Tyler Is Player ² _____
touching the ball?
Lily Yes, he is.
Tyler Are they wearing
white shirts?
Lily Yes, they are.



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- 2 Complete the charts with verbs from the Grammar in context.

Questions

Am	I	drinking your soda?
⁰ Is _____	he/she/it	¹ _____ the ball?
² _____	we/you/they	³ _____ white shirts?
What ⁴ _____ Player 17 ⁵ _____?		
Where are they running?		
Why am I studying for this test?		

Short answers

	I	am.
Yes,	he/she/it	⁶ _____.
	we/you/they	⁷ _____.
	I	'm not.
No,	he/she/it	⁸ _____.
	we/you/they	aren't.

- 3 Complete the questions. Use the present progressive.

- 0 Why are you and your friends running? (run)
1 Jo! _____ you _____ TV? (watch)
2 Where _____ you _____ lunch? (have)
3 _____ Marcos _____ a shower? (take)
4 What _____ Rosie _____ now? (do)
5 _____ you and Lewis _____? (listen)
6 When _____ we _____ home? (go)

- 4 Match the questions in exercise 3 with answers a-g.

- a _____ In that new café. e _____ Yes, we are!
b _____ No, I'm not. f _____ At 3:30.
c 0 Because we're late! g _____ Yes, he is.
d _____ She's taking out the trash.

- 5 **140** Listen and check.

- 6 Look at the picture and complete the conversation. Use the present progressive form of the verbs for blanks 0-5. Write short answers in blanks a-d.

~~do~~ eat have study surf wear



- Mom Hi, Josh. How's the beach? What ⁰ are
you doing?
Josh I ¹ _____ lunch.
Mom ² _____ your brother _____?
Josh No, he ^a _____. He's in the sea.
Mom ³ _____ he _____?
Josh Yes, he ^b _____.
Mom And the twins? ⁴ _____ they _____
for their test?
Josh No, they ^c _____. It's really hot, Mom.
Mom ⁵ _____ you _____ caps?
Josh Yes, we ^d _____.

- 7 **Your turn** Write questions. Then write short answers.

At the moment ...

0 you/learn/English?

Are you learning English? Yes, I am.

1 your teacher/talk?

2 you/play/soccer?

3 your classmates/drink/soda?

4 your best friend/wear/jeans?